



Inside Out Support Wales

Cefnogaeth Tu Fewn Tu Fas Cymru

Inside Out Support Wales is a new social enterprise for Wales, coaching and mentoring people with convictions into self-employment, further & higher education and employment. Well-being support is also at the heart of what we do, building individual resilience and wellbeing to help develop the personal resources and skills needed, to navigate the challenges and opportunities of life after release and in the community.

By working in partnership with new and existing sector providers, Inside Out Support Wales will offer innovative services & support that have not previously existed in Wales. We also aim to close the gap between employers, educational institutions and people with convictions.

@cefnogaeth



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